

Patient Information Brochure



Before Surgery

When your procedure is scheduled, please inform your physician about any medications you take on a regular basis, including aspirin. Ask if you need to stop taking any medications prior to your endoscopy, and if so, ask how far ahead of the scheduled procedure date you will need to stop.

Please call your doctor if there is any change in your physical condition, even if it seems to be a minor sore throat or cold.

The Center will call you 48 hours prior to your procedure day to confirm your appointment time.

The Day of Your Procedure

You will not be allowed to drive yourself home after the procedure. If you do not have a responsible adult to drive you your procedure will be canceled. We request that your driver remain in the Center during you procedure. Hiring a cab or limo service is also not acceptable.

- Please review instructions carefully regarding when to stop drinking and eating. If you take anything by mouth other than blood pressure or cardiac medications your procedure may be delayed or canceled.
- Take blood pressure and cardiac medications with a sip of water unless otherwise instructed.
- Wear loose, comfortable clothing that is easy to get into after your procedure.
- Leave all valuables at home, including jewelry.
- Make sure you finish prep as ordered by your doctor, or your procedure may be canceled.
- Remove contact lenses and make-up before coming to the Center.
- Remember to bring your insurance card and photo ID.

After Your Endoscopy

You will be closely monitored by our professional staff after your procedure, until you are ready to leave. You will be discharged with written instructions prepared by your physician.

For the First 24 Hours After Your Endoscopy

You may feel fine, but this is the time to allow a responsible adult to take care of you.

- DO NOT drive or operate machinery.
- DO NOT drink alcohol.
- If you have any questions, call your physician.
- We will call you at home in a few days to see how you are feeling.

Our Practicing Physicians

Darren J. Andrade, M.D. Aaron M. Bellows, M.D. Amy R. Shriver, M.D. Glenn L. Osias, M.D. Aloysius K. Rho, M.D. Robert F. Meirowitz, M.D.

William Segal, M.D.



Our goal is to provide the highest quality endoscopic services to the patients we serve. Our state-of-the-art endoscopy facility offers the latest technology available, and a team of physicians, nurses, and support staff who are all dedicated to your comfort and safety. Since we perform only endoscopy procedures, the Center can provide services at reasonable costs and savings to you, your insurance carrier, and your employer.

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princetonendoscopycenter.com