

Princeton Endoscopy Center

To make sure your admission goes as smoothly as possible, we kindly ask that you use the following as a checklist prior to your appointment:

- ☐ **Pre-Assessment forms must be completed prior to your procedure. You will receive a text message with a link to the forms or you can fill out a paper copy provided the physician's office. Paperwork can also be printed from our website at: www.princetonendoscopycenter.com (under resources tab & patient forms)**
- ☐ Bring a photo ID, your insurance card(s), and a form of payment as it is your responsibility for any co-pays/co-insurance and/or deductibles owed to the facility required by your health plan (For your convenience we accept American Express, Visa, MasterCard, Discover, Checks and Cash)
- ☐ Leave valuables at home such as jewelry, laptops, etc.
- ☐ Wear glasses instead of contact lenses
- ☐ Please refrain from wearing any perfume/cologne
- ☐ The procedure generally takes about 30 minutes but you should plan on being present for about 1 ½ to 2 hours.
- ☐ If you are getting a colonoscopy, please do not follow instructions on the prep box. Follow instructions from the physician's office.

You will be receiving an email or text message a few days prior to your procedure informing you of the exact time to report to the center. If for any reason you are unable to keep your appointment the day of the procedure, please contact us as soon as possible.

Thank you,

Princeton Endoscopy Center

****PLEASE READ ENTIRE
PACKET, COMPLETE ALL
PAPERWORK INCLUDED, AND
BRING WITH YOU TO
SURGICAL PROCEDURE
APPOINTMENT****

ON THE DAY OF THE PROCEDURE:

- ****NO FOOD OR LIQUIDS including sips of water, gum, mints, or cough drops within 4 hours of your scheduled arrival time.****
- You must bring your insurance and photo ID.
- Bring a referral to the facility if your insurance requires one.
- **Do not drive the entire day!** Someone **MUST** drive you to and from your appointment as you will be receiving sedation which impairs your ability to drive an automobile. You may take a taxi/uber **only if you are accompanied by an escort over the age of 18.** The taxi/uber driver is NOT an acceptable escort.
- Do not wear contact lenses on the morning of your procedure.
- Please bring the completed forms to the center.
- *Patients with a pacemaker or defibrillator, please bring your device identification card on the day of your procedure.*

MEDICATION INSTRUCTIONS FOR THE DAY OF YOUR PROCEDURE:

- Please take your morning **PRESCRIBED** medications with a small sip of water as soon as you wake up, except for medications you were specifically told to stop.
- Please take your asthma medications and **bring** them to the procedure.
- Do NOT take your vitamins and supplements the morning of the procedure, you may take them **after**. ****IF YOU TAKE A FISH OIL SUPPLEMENT, PLEASE STOP FOR ONE WEEK PRIOR TO PROCEDURE.****
- If you are taking any GLP-1 medications or injections such as Ozempic, Wegovy, etc, these must be stopped **one week** before your procedure.

If you are a **DIABETIC**:

- **DO NOT** take oral diabetic medication the night before and the morning of the procedure.
- If taking insulin, please obtain specific instructions for the day before and day of the procedure from your primary care physician or endocrinologist.

If you take a **BLOOD THINNER/ANTI-COAGULANT**:

- Please obtain specific instruction from your prescribing physician or call your Gastroenterologist.
- You should continue to take your aspirin unless otherwise instructed.

PRINCETON ENDOSCOPY CENTER (Surgery Center):

731 Alexander Road, Suite 104

Princeton, NJ, 08540

Tel # 609-452-1111

PRINCETON GASTROENTEROLOGY (Physician's Office):

731 Alexander Road, Suite 100

Princeton, NJ, 08540

Tel # 609-796-7816